

# St Elizabeth of the Trinity

## Secular Discalced Carmelites



## **Are you looking for God?**

*We have found that God seeks us even more than we seek Him*

**"Live alone with Him wherever you are, whatever you may be doing. He never leaves you, so stay always with Him."**

**We meet monthly on a  
Saturday in Nottingham**

***Want to know more?***

Contact Heather Ward 01773 599982, [heatherward55@gmail.com](mailto:heatherward55@gmail.com)  
website: [nottinghamcarmalites.uk](http://nottinghamcarmalites.uk)

